

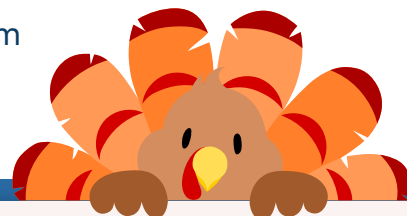
NOVEMBER

Check out these opportunities to make your program shine on social media!

PLANNING A
THANKSGIVING MEAL?

If your program is hosting a Thanksgiving meal or celebration, please be sure to share the details with us as soon as possible! Send the date(s), menu, and whether parents or guardians are invited to dine with their students to requests@sealevelsocialmedia.com so we can help promote your event.

And don't forget to share pictures of your celebration with us! Send photos to pictures@sealevelsocialmedia.com or text them to 910-537-5200 so we can highlight your celebration on social media.



OUR HOLIDAY SCHEDULE:

As a thank-you to our team for all their hard work throughout the year, SEA Level Social will be taking a well-deserved holiday break beginning **December 18 at 5:00 PM EST, with the full team returning January 4.** During this time, we'll have limited coverage:

DECEMBER 21 – 22:

Our team will check the urgent@, requests@, and pictures@ inboxes sporadically and take care of time-sensitive requests and picture posts.

DECEMBER 23 – 25:

We'll be taking a break from monitoring emails.

DECEMBER 26 – JANUARY 3:

Liz Whiteman Roesel will personally monitor the email accounts until the rest of the team returns.



We appreciate your understanding and for giving our team this time to unwind, recharge, and enjoy the holiday season with family and friends!

HAVE YOU
TUNED IN TO SEA
LEVEL SHARE?THURSDAYS
AT NOON ET

Join Liz on Facebook Live for fresh ideas, practical tips, and simple strategies to strengthen your school nutrition program's social media!

SEAlevel
SHARE